

Test Person

Age: 25 (01 Jan 2000)

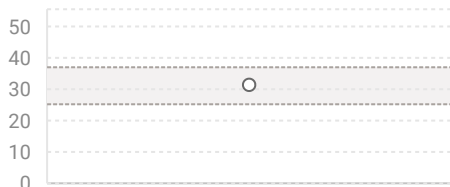


Drop Jump

Avg Jump Height (Imp-Mom)

55th pct.

31.4 cm



Drop Jump

Avg RSI (Flight Time/Contact Time)

40th pct.

1.77



Drop Jump

Max Contact Time

0.3 s

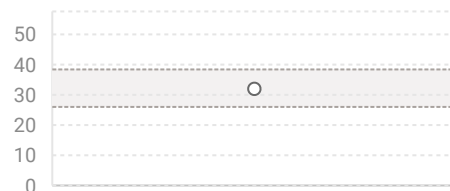


Countermovement Jump

Avg Jump Height (Imp-Mom)

52nd pct.

32 cm



Countermovement Jump

Avg RSI-modified (Imp-Mom)

32nd pct.

0.34 m/s

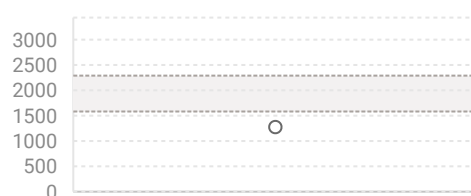


Countermovement Jump

Avg Concentric Mean Power

11th pct.

1275 w





Squat Jump

Avg Jump Height (Imp-Mom)

36th pct.

27.1 cm



Squat Jump

Max RSI-modified (Imp-Mom)

39th pct.

0.58 m/s

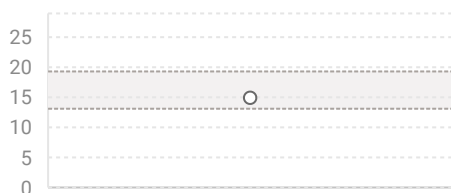


Squat Jump

Avg Concentric Mean Power / BM

41st pct.

14.9 W/kg

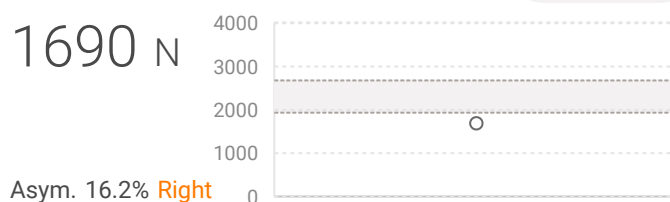


Isometric Mid-Thigh Pull

Avg Peak Vertical Force - Bilateral Total

12th pct.

1690 N



Asym. 16.2% Right

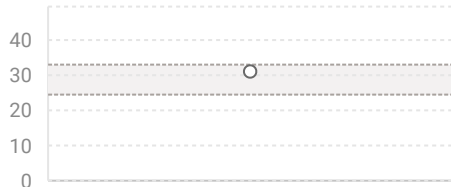


Isometric Mid-Thigh Pull

Avg Peak Vertical Force / BM

66th pct.

31.06 N/kg

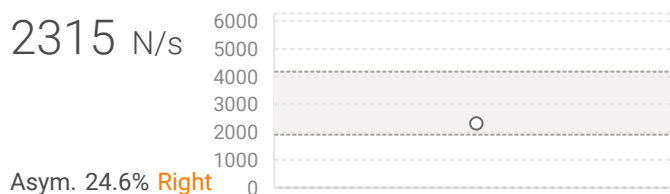


Isometric Mid-Thigh Pull

Max RFD - 200ms - Bilateral Total

35th pct.

2315 N/s



Asym. 24.6% Right